

TWINPEAKES FLY FISHING

SAFETY STATEMENT

Your safety, well-being and enjoyment is our priority when fishing with TwinPeakes Fly Fishing. Whilst fishing is not a particularly hazardous sport there are a few things that you can do to safeguard yourself before and whilst fishing.

We have put together this list of hazard which you *may* encounter whilst fishing. Therefore, we have developed our Safety Statement which provides our clients an opportunity to familiarise themselves with suggested action they need to take to remain safe.

We will need you to dress appropriately for the time of year you are fishing. We also need you to bring with you a pair of glasses (preferably sunglasses) and a cap, irrespective of the time of year, to protect your head and face from stray flies.

It is also advisable to check that your holiday insurance covers you for fishing and any other activities you intend to undertake.

If you have any questions or require clarification on any of the points please do not hesitate to contact us.

Hazard	Types of Risk	Action to take to keep safe
Power Lines	Electrocution	Take care when walking to ensure that your rod does not come into contact with power lines DO NOT fish under or near power lines
Weather	Unexpected changes in the weather conditions Storms – Wind Storms - Lightning Sun	Keep aware of weather conditions at all times they can quickly change and affect your safety. Strong winds may make casting difficult and potentially dangerous. If you in an area where there is lightening put your rod down horizontally and take yourself to somewhere safe eg. Building or car. Do not shelter under trees Wear sunblock even when cloudy. Tinted glasses will also protect your eyes from glare
Trip Hazard	Paths, steps, river bank	Keep to obvious paths where available Steps can be slippery take extreme caution Beware of undercuts in the river bank especially near deep water

	Stiles, bridges and fences	Take care when negotiating stiles, crossing bridges, especially those made of wood. Beware of barbed wire Electric fences are used to control animals and discharge voltages, therefore can result in a painful electric shock
Water	Weils Disease Blue Green Algae	Weils disease is transmitted by rat urine. Never put wet lines, or any other item of tackle, in your mouth. Wear waterproof plasters on cuts or abrasions. Avoid contact with Blue green algae. Do not drink the water or allow your dog to drink the water
Wading	Drowning	Take care when wading in water especially deep or fast water and if wading on a rocky bottom. Use a wading stick Wear a life jacket or buoyancy aid Remain calm if you fall into the water Remain aware of the risk of flash flooding Whilst felt bottom waders provide extra grip when on stones or gravel they are very slippery on mud or wet grass
Fishing Tackle	Rods, Hooks and flies (including weighted flies)	Take care when walking with an assembled rod especially in the vicinity of power lines or trees Take care when handling hooks and tying on or removing hooks as they can easily penetrate the skin which can bring risks of infection
Casting	Fishing Lines and flies	Wear a hat and glasses for protection at all times when casting Be aware of others on the bank to avoid hitting anyone with a back-cast If on a boat take extra care to avoid hitting them with a fly whilst casting.
Boats	Boarding and disembarking from boats Drowning	Apply maximum caution when getting on, off or moving around boats. Your guide will provide full instructions. Never stand up whilst fishing in a boat Wear a life jacket or buoyancy aid

Animals	Farm Animals Wild Animals Insects	Avoid young calves, bulls rams and farm dogs Do not touch snakes or put any part of your body into burrows, holes, stone walls or similar openings Wear insect repellent – advise your instructor if you have any serious allergies to stings or bites Check for ticks and remove with tick click here for instructions regarding removal
Flora and Fauna	Giant Hogweed Trees Unidentified plants	Do not touch any part of Giant Hogweed as its sap is caustic and causes potentially severe burns Beware of falling braches Never lick, chew or eat any unidentified plants, berries, fungi or mushroom

Medical conditions

If you have any medical condition, either physical or mental, please tell your guide at the safety briefing - anything you tell us will remain completely confidential, but will allow us to ensure that you get the best from your fishing.

It is **your responsibility to** advise what action should be taken in the event of an emergency.

Do not be afraid to say if you are finding anything too difficult or physically demanding.

Where the guest is under 16 years or age or has physical or mental disabilities it is the responsibility of the individual or their carer to discuss their condition at the safety briefing.

General Safety

This list highlights some of the hazard which you may encounter when fishing with TwinPeakes Fly Fishing. Any specific risks which arise on the day will be brought to your attention at the safety briefing before you go fishing and updates will be provided throughout the time they spend with you e.g. changes in weather.

All our guides carry a standard First Aid kit, however if you have any specific requirements we would request that you provide your own items for your personal use.

Unfortunately, accidents can happen so you should always take care and use common sense, we will assist you as much as possible however much of the responsibility for your safety sits with you.

If your guide feels that there are any issues which could affect your health and safety their decision to terminate your fishing is final. Of course we will endeavour to re-arrange where ever possible.